

## Can I Ask God Why?

READ: PSALM 13; LAMENTATIONS 3:21-25, 31-33

It's not bad to ask God, "Why did You allow this?" or "Why did this happen?" We live in a world filled with sin and brokenness, and until Jesus makes all things new, there will be hurt. During the hurt, it's completely natural to wonder, "Why?"

In fact, it's important to go to God when you don't know why something is happening. In the book of Psalms in the Bible, we see lots of prayers to God during hard times. Often, the psalmists asked God, "Why?" Sometimes they asked, "Are You even still with me, God?" But they always came back to the truths they knew: that God was good, that they had a relationship with Him, and that He would never leave them.

So when you ask, "Why?" go to God. Tell Him your hurts and questions, lay them all at His feet (sometimes over and over), and rest in His comfort. While you may not get answers right away, know that He loves you and is working everything together for His good purposes (Romans 8:28, 38-39).

Because He's fully God and fully human, Jesus knows the pain you are feeling, so you can talk with Him about it (Hebrews 4:14-16). He's always with you, and you can know that pain won't last forever because Jesus promises He will one day destroy sin, death, and tears (Matthew 28:20; Revelation 21:1-5). 🕯

*Kandi Zeller*

🕯 Have you ever asked God why something happened? What did you learn through that experience?

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🕯 What are some Bible verses that remind you that God remains faithful even when we don't understand?

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🕯 What things are you currently asking why about? Talk to God about them today. And, if you have more questions, talk to a trusted Christian in your life—a pastor, youth leader, or friend.

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*Cast all your anxiety on him because he cares for you. 1 Peter 5:7 (NIV)*